

Melissa's Background

@resiliencetogether | www.riseto resilience.org

This list includes some of the resources and work that inform the practices and approach for coaching and consulting sessions.

Experience

Head Start Family Support Specialist, District Equity Team representative - *Franklin Pierce Schools*

HEART-STRONG International
Certified Educational Trainer

Information Officer, Trauma-Informed Care Advocate
- The League of Extraordinary People

M.Ed with an emphasis in Trauma and Resilience -
George Fox University, completion April 2021

BA Social Work - *Brandman University*

Treasure Hunter - *Kids at Hope*
A strengths-based culture with a foundation that all children are capable of success, no exceptions!



Books/Materials

Onward: Cultivating Emotional Resilience in Educators
- *Elena Aguilar*

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies
- *Resmaa Menakem*

Building a Trauma-Informed Restorative School: Skills and Approaches for Improving Culture and Behavior
- *Joe Brummer with Margaret Thorsborne*

Emergent Strategy: Shaping Change, Changing Worlds
- *adrienne maree brown*

Trauma-Informed Practices for Early Childhood Educators: Relationship-Based Approaches that Support Healing and Build Resilience in Young Children - *Kurtz, Nicholson, and Perez*

Culturally Responsive Self-Care Practices for Early Childhood Educators - *Nicholson, Driscoll, Kurtz, Márquez, and Wesley*

